

Tanita Health Equipment H.K. Ltd.

Unit 301-303, 3/F, Wing On Plaza,
62 Mody Road, Tsimshatsui East,
Kowloon, Hong Kong.
Tel: +852 2834 3917
Fax: +852 2838 8667
Email: asia-pacific@tanita.co.jp

www.tanita.asia



Much more functions than the traditional pedometer, AM 180C, the very latest technology of 3-axis accelerometer, has auto detection to provide accurate readings for daily activities and moderate exercise including jogging and fast walking.

Data is shown in hourly segments and the built-in memory function, allows 14 days worth of data to be recalled and viewed by the user, and to be stored for up to one year.

Its detailed analysis and results make the AM 180C the perfect tool to track physical activity of clients in any weight management or health program, by enabling personalized consultations and motivational target setting on an ongoing basis.

Setting daily target of steps

Users can set the daily target number of steps in the AM 180C, and the goal feature will alert you once you reach 1,000 steps before your goal.

Data analysis

The AM 180C comes with USB connectivity that allows data to be transferred to GMON Health Monitor Software, which provides a comprehensive client database with professional reports, graphs and trend analysis that can be used for tracking the progress of multi-users and setting group targets, as well as monitoring physical activity in large-scale research and clinical records.

AM 180C

3-axis Accelerometer with USB Connectivity

Features

- 3-axis accelerometer technology
- Designed for Asian body composition equations
- USB data connectivity
- Setting daily target steps
- Comes with neck strap and safety clip

Measurements

- No. of steps
- No. of run
- Total no. of steps & run
- Distance travelled (km)
- Activity in duration (min)
- Basal Metabolic Rate (kcal)
- Activity Energy Expenditure (kcal)
- Total Energy Expenditure (kcal)
- METs - live