



c11.4 UPRIGHT BIKE

DOMESTIC FME82410

INTERNATIONAL FME82410-INT

DOMESTIC TV FMTV84410

INTERNATIONAL TV FMTV84410-INT

FEATURES & BENEFITS

10" FULL-COLOR TOUCH SCREEN WITH BROWSER POWERED BY ANDROID™ Browse the web* during any workout! With the built-in 10" full-color touch screen and browser Powered by Android™, every FreeMotion® Cardio machine delivers the ultimate motivation to your gym members. Now, they can check the news, read email, watch sports highlights, get on Facebook® and more! Plus, with wireless connectivity and a USB connection, console software is upgradable for the life of the product.

IFIT LIVE™ TECHNOLOGY BUILT-IN Get smarter workouts and faster results with iFit Live™ Technology. Featuring workouts Powered by Google Maps™, training with Jillian Michaels and personalized, goal-specific programs, this wireless technology is the ultimate workout experience! Resistance controls automatically adjust to match terrain and maximize results. Now, users can customize their own fitness program, receive automatic workout downloads and manage their profile online.

ERS™ ELECTRONIC RESISTANCE SYSTEM Instantly adjust the resistance with this sophisticated system. Engineered to be quiet and smooth, ERS™ delivers accurate, consistent resistance at the touch of a button.

PRODUCT SPECIFICATIONS

New Workout Features	iFit Live™ Technology Built-In, 10" Touch Screen with Browser Powered by Android™
Dimensions (LW)	40" x 27" (102 cm x 69 cm)
Weight Capacity	400 lbs. (181 kgs)
Warranty	Lifetime Frame, 3-Year Parts & Labor, 1-Year Touch Screen & TV
Built-In Wireless Controls	Cardio Theater, Broadcastvision™ Entertainment, MYE™ Entertainment, CardioVision, Fantaay™, FreeVision™ HDTV

FREEMOTION
877.363.8449 | www.freemotionfitness.com



17" FREEVISION™ HDTV – OPTIONAL UPGRADE › Add motivation to any workout with this optional upgrade. A wide viewing angle and dynamic contrast and color saturation combine for a beautiful picture. Individual product TVs deliver a more personalized, entertaining workout for every user. The FreeMotion® Cardio consoles feature integrated TV controls and are prewired for a fast and easy upgrade.

QUICKLIFT™ SEAT › For easy, secure seat adjustments, users simply lift the lever and the telescoping seat rises automatically to meet the desired height. To lower the seat, simply lift the lever and press down. Twenty-six positions are available to customize a workout experience for users of all shapes and sizes.

3-PIECE CRANK › Enjoy a smoother, more comfortable ride. Separating the spindle from the crank creates a stronger, more durable design and a more realistic biking experience.

MULTI-GRIP HEART RATE MONITOR › Whether seated upright or leaning forward, users have four contact points for monitoring their heart rate. Pulse information can be displayed on the console via contact sensors or a Polar® wireless chest strap***.

QUIET BELT DRIVE SYSTEM › Featuring a self-tensioning, precision Flexonic® belt, the drive system requires no idler pulley. There's less maintenance, a smoother pedal motion and a dramatic noise reduction.

BUILT-IN WIRELESS CONTROLS › Connect each machine wirelessly to Cardio Theater, Broadcastvision™ Entertainment, MYE™ Entertainment, CardioVision and Fantaay™ audio broadcasting. Built-in compatibility eliminates the need for other hardware or wires.

DAISY CHAIN COMPATIBLE › Connect up to 4 cardio resistance machines (bike, elliptical or strider) to 1 outlet with the optional power cable. Ideal for locations with minimal power outlets, this feature aids in product placement throughout the fitness room(s).

ENTERTAINMENT CHARGING STATION › Charge an iPod®**, MP3 Player or phone during any workout with this convenient charging station. A headphone jack allows the user to listen to their music and Jillian Michaels during an iFit Live™ Workout.

*Web browsing feature can be disabled.
 **iPod is a trademark of Apple, Inc., registered in the US and other countries.
 iPod® not included.
 ***Wireless chest pulse strap not included.



OTHER FEATURES

- › 9 Built-In Workouts, Manual Mode
- › Set-a-Goal Workout Center
- › Extra-Wide, Self-Leveling Pedals
- › 20 Digital Resistance Levels with In-Handle and 1-Step™ Controls
- › 4" AutoBreeze™ Workout Fan
- › 17" FreeVision™ HDTV – Optional Upgrade