

Paramount Low Back/Abdominal Bench

FS-22



Abdominal Position



DESCRIPTION & SPECIFICATIONS

- Unique easy to adjust design accommodates both back extension and abdominal crunch exercises.
- 7 position thigh pad angled at 45 degrees for proper ergonomics during back extension.
- Back pad angled 15 degrees and 3 position ankle pad assembly for support during abdominal crunch.
- Wheels for easy moving.
- Dimensions: (W x L x H) 79cm x 130cm x 81cm
- Product Weight: 41 kg

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