NAUTILUS

HALF RACK WITH SVA PLATFORM

YOU GOTTA HEAR IT TO BELIEVE IT.

The Nautilus SVA Platform, or Sound and Vibration Absorbing Platform, solves issues that are plaguing gyms all around the world; noise abatement and vibration absorption. As gyms spread across the globe now filling valuable retail real estate in regional malls and strip centers these issues are increasing in intensity. The risks and noise associated with dropped barbells has made this style of lifting a headache for many facilities. The Nautilus 4-inch SVA Platform is the solution facilities have been waiting for. Thicker than the standard half rack wood platform, it's also made from a completely new proprietary blend of materials. The SVA platform consists of layers of shock absorbing rubber and sound dampening foam that reduce the sound and vibration created from dropped barbells. Bottom-line, laboratory tests demonstrated an approximate 50% reduction in both sound intensity and vibration. Available as an option on the Nautilus Half Rack or sold on its own, club operators would be hard pressed to find a downside to upgrading to this revolutionary new platform.

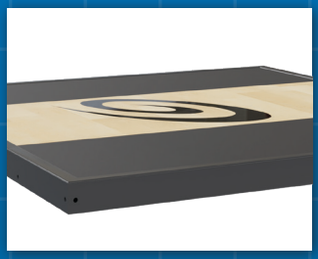
corehealthandfitness.com

FEATURES

REDUCES SOUND AND VIBRATION BY 50% COMPARED TO COMPETITORS

4" BLEND OF SHOCK ABSORBING RUBBER AND SOUND DAMPENING FOAM

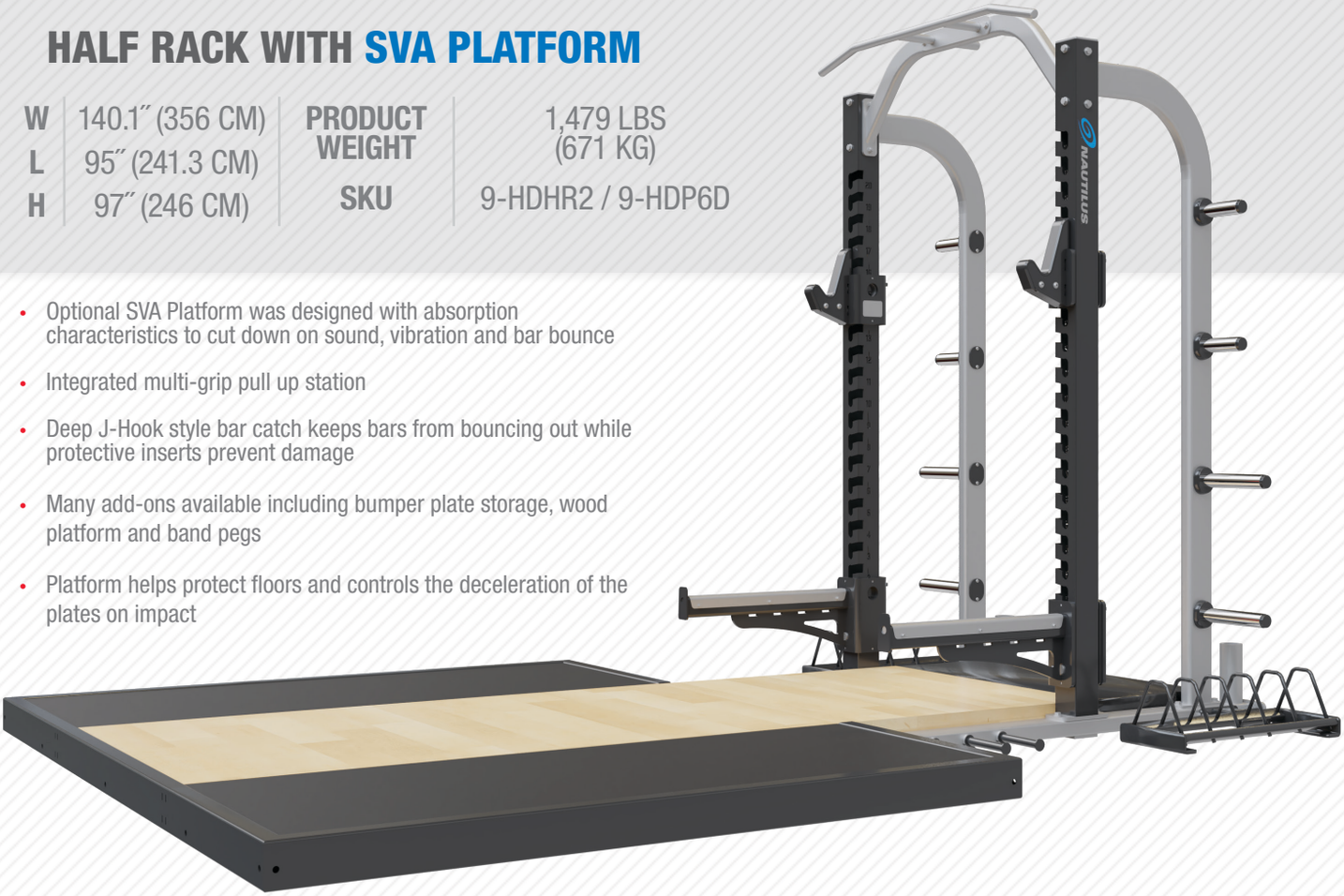
PROPRIETARY BLEND OF MATERIALS ABSORB THE FORCE OF BARBELLS TO DRASTICALLY REDUCE BAR BOUNCE



DECORATE YOUR PLATFORM WITH OPTIONAL CUSTOM DECALS TO HELP ENHANCE YOUR BRAND IDENTITY

HALF RACK WITH SVA PLATFORM

W	140.1″ (356 CM)	PRODUCT WEIGHT	1,479 LBS (671 KG)
L	95″ (241.3 CM)		
H	97″ (246 CM)	SKU	9-HDHR2 / 9-HDP6D

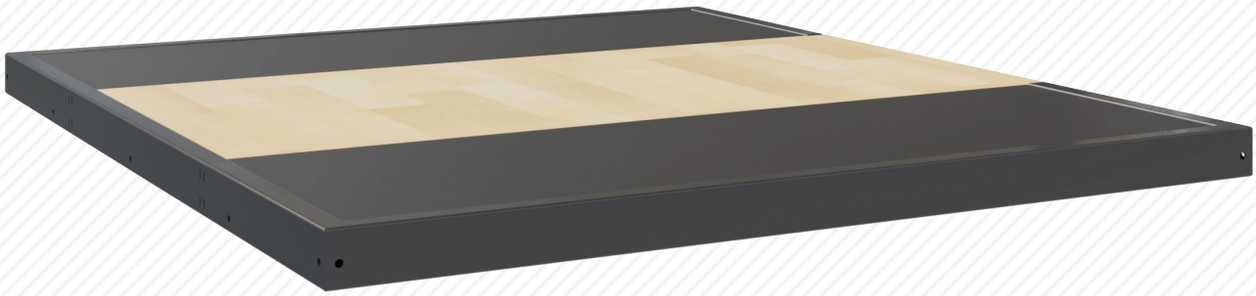


- Optional SVA Platform was designed with absorption characteristics to cut down on sound, vibration and bar bounce
- Integrated multi-grip pull up station
- Deep J-Hook style bar catch keeps bars from bouncing out while protective inserts prevent damage
- Many add-ons available including bumper plate storage, wood platform and band pegs
- Platform helps protect floors and controls the deceleration of the plates on impact

STAND ALONE SVA PLATFORM

W	76.1″ (193.3 CM)	PRODUCT WEIGHT	642 LBS (291.2 KG)
L	95″ (241.3 CM)		
H	4″ (10.2 CM)	SKU	9-HDP6D-SA

- Optional SVA Platform was designed with absorption characteristics to cut down on sound, vibration and bar bounce
- Platform helps protect floors and controls the deceleration of the plates on impact
- Nautilus Half Rack insert not included
- This is a stand alone platform



HALF RACK WITH TRADITIONAL WOOD PLATFORM

W	140.1″ (356 CM)	SHIP WEIGHT	1,405 LBS (637 KG)
L	91.5″ (232.4 CM)		
H	3.1″ (7.9 CM)	SKU	9-HDHR2 / 9-HDP6

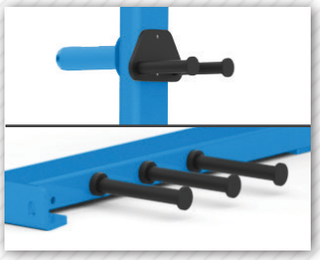
- Traditional wooden platform compatible with Nautilus Half Rack
- Integrated multi-grip pull up station
- Deep J-Hook style bar catch keeps bars from bouncing out while protective inserts prevent damage
- Many add-ons available including bumper plate storage, wood platform and band pegs
- Platform helps protect floors from scratches and damage caused by dropped plates

CUSTOM COLORS & DECALS

You now have the option to customize your strength equipment with custom colored frames and upholstery. You can even add your logo to select equipment to help enhance your brand.

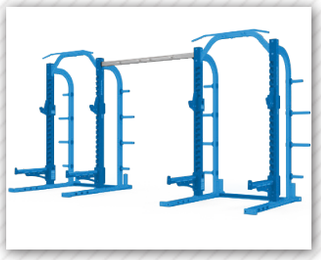
AVAILABLE ACCESSORIES

Wooden Platform
(9-HDP62)



Band Pegs & Storage
(95-0760)

Bumper Plate Storage
(9-HDCS1)



Pull Up Bridge
(9-HDPB1)

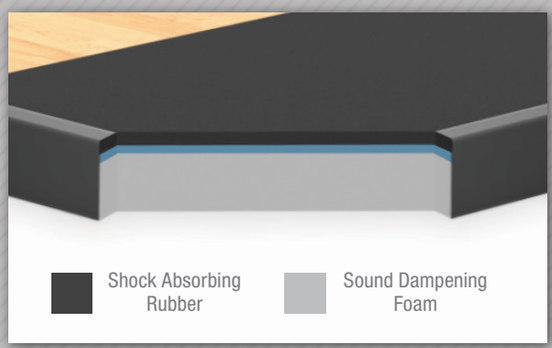
TECHNICAL SPECS

OVERALL WEIGHT	WIDTH	LENGTH	HEIGHT
654 lbs (297 kg)	72” (183 cm)	63” (160 cm)	97” (246 cm)

- Integrated multi-grip pull up station
- Integrated Olympic bumper plate and bar storage
- Standard safety stops with replaceable stainless steel covers
- Laser cut position indicators
- 955 lbs (434 kg) max loading capacity
- 350 lbs (159 kg) max user weight on pull up bar
- 4”x 4” 7-gauge (3/16”) wall uprights

NEW SVA PLATFORM

The new Nautilus SVA platform was developed as a way to reduce sound and vibration caused when users drop barbells when performing Olympic and power lifting. It uses a proprietary blend of materials designed to absorb the force of the barbell. These absorption characteristics not only cut down on sound and vibration, they also reduce bar bounce. *(9-HDP6D)*



BUILD ON GREATNESS

At **Core Health & Fitness** we aim to provide our partners a foundation backed by the strongest brands in the industry. Four iconic brands that pioneered entire categories, and whose machines are still the ones **members ask for by name**. Today, we’re committed building on that legacy by providing the best products and programs in every category – and that’s greatness you can feel good about building on.

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CORE HEALTH & FITNESS

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