

CROSSTRAINER - milon Q



Body region: Heart/ circulatory system
 Targeted musculature: -
 Training Goal: Endurance
 Software: milon CARE



TECHNICAL DATA

Length in meter	1.78
Width in meter	0.56
Height in meter	1.63
Dead weight in kilogramm	110
max. Current	300VA
Mains supply	100-240VAC, 50/60 Hz
Floor space in m ²	1.00
Selective load in kg per cm ² on the floor	3.15
Display	10.1 inches multitouch color display
User weight max. in kg	150
Training load max. in W	400