

FREEMOTION.

# r8.9b RECUMBENT BIKE

MODEL # VMEX82018

## CARDIO 8 SERIES RECUMBENT BIKE

This upgraded biking experience comes with a simplified console made smarter with the addition of the users smart device. Use "as is" and the bike tracks workout essentials such as calories, time and distance. Sync a personal device and choose from workouts filmed on location around the world and the bike will match the workout with increased/ decreased resistance.



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### PRODUCT FEATURES

#### FRONT AND CENTER

Users can keep an eye on everything that keeps them motivated: speed, resistance, RPM, distance, calories, time, heart rate, watts, and pace on the simplified user interface.

#### IFIT® SYNC

Experience 'What's Next' in smart training. The console on the r8.9b Recumbent Bike powered by iFit® goes from simple to interactive when synced with a smart device. As the industry's first "Bring Your Own Device"-solution, the recumbent has resistance matching technology to recreate the actual terrain of video workouts filmed around the world.

#### STEP-THRU™ DESIGN

This bike's innovative design eliminates the traditional base, making it easier to get on and off the bike.

#### 24 LEVELS OF DIGITAL RESISTANCE

To burn more calories, crank up the intensity. To improve muscle tone, choose one of the 24 resistance levels.

#### QUICKLIFT™ OVERMOLDED SEAT

For easy, secure seat adjustments, simply lift the lever and quickly slide the seat to the desired position and it locks in place.

#### BUILT-IN WORKOUTS

Choose between 4 Weight Loss, 4 Speed Interval, 2 Race Training, 2 Hill Climb, Heart Rate and Watts Training workouts with the touch of a button.

#### WARRANTY

**US:** 7 Years Frame, 3 Years Parts, 3 Years Labor (in non-dues paying facilities)

**INTERNATIONAL:** 7 Years Frame, 3 Years Parts, 1 Year Labor

**UNITED KINGDOM:** 7 Years Frame, 3 Years Parts, 3 Years Labor

### SPECIFICATIONS

Resistance System	Digital Resistance Control
Crank	2-Piece Crank
Transport Wheels	2 in / 5 cm transport wheels
Display Type	LED display
Resistance Levels	1-24 levels
Preset Programs	4 Weight Loss, 4 Speed Interval, 2 Race Training, 2 Hill Climb, Heart Rate, Watt Training
Electronic Readouts	6 preset (20 levels) / Fitness test / HRC (6levels) / WATT control / goal (time, distance and calories)
Maximum User Weight	400 lbs / 182 kg
Equipment Dimensions (L x W x H)	70.8 x 24.5 x 50.8 in 180 x 62.2 x 129 cm
Equipment Weight	204.2 lbs / 92.6 kg
Shipping Dimensions (L x W x H)	70 x 17.9 x 30.6 in 177.8 x 45.4 x 77.7 cm
Shipping Weight	225.1 lbs / 102.1 kg
Power Requirements	110 VAC, 240 VAC
Regulatory Approvals	CE, BQB

#### OPTIONAL

- 15.6 in / 39 cm HD Personal TV
- 900/800 MHz receiver (MYE900RCVR)