

## ROTARY ROW



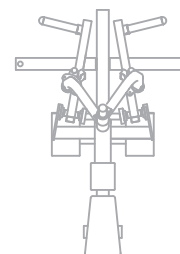
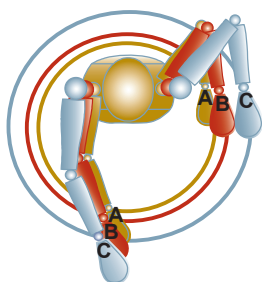
- Unilateral press arms featuring Paramount's patented Advanced Rotary Technology®.
- Unique 6-position pivoting handle eliminates stress to wrist joint.
- Heavy-duty 6-position seat and chest pad assemblies with spring loaded positive locking pin.
- Large foot plate design with custom molded rubber cover for user stability and improved ergonomics.
- Compact low-profile design minimizes floor space requirements.

Machine Weight 284 lbs. (129 kg).

### ROTARY TECHNOLOGY

Ergonomically and biomechanically correct, Advanced Rotary Technology® uses precisely designed press arms and patented adjustable handles to provide true unilateral movement and full articulation of both the shoulder and elbow joints. The 6 position handles accommodate a wide range of users with the same range of motion and pivot at the wrist joint to allow complete range of motion without impingement. The end result is greater muscle recruitment, more efficient workouts, and unlike other converging design concepts, equal benefits to all users regardless of conditioning or body size.

**A: 5th Percentile Female**  
**B: 50th Percentile Male**  
**C: 95th Percentile Male**



Dimensions

W: 45" (114 cm)

L: 62" (157 cm)

H: 59" (150 cm)

FRAME PAINT COLOR:  
SILVER



Superior grade BoltaSport, Boltaflex and Uniroyal Naugahyde® available in this wide range of standard upholstery colors

All measurements are without weight plates. Weight plates illustrated in photos not included with this unit.

LIFETIME WARRANTY - Frame components, weight plates and guide rods excluding coatings  
 FIVE YEAR WARRANTY - Bronze Bushings, Sealed Rotating Bearings and Pulley Wheels  
 ONE YEAR WARRANTY - Cables, Linear Bearings, Linear Shafts and all other components not mentioned elsewhere in this warranty. NINETY DAY WARRANTY - Normal parts of wear including but not limited to labels, upholstered pads and grips. ONE YEAR WARRANTY - Labor

**Paramount Fitness Corp.**

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