

TAKE YOUR REGIME OUTDOORS

AQUAGYM **GYMGURU**

This summer, take your exercise regime to the open and experience Reflex-O's latest range of outdoor equipment paired with the added spur of nature's best sceneries!

GYMGURU

Tried and tested to withstand the elements, GymGuru provides a 10-year warranty on non-moving parts across its entire line of equipment.



Elliptical Cross Trainer

Recumbent Bike



GYMGURU



Benefits

- ✔ Suitable for all ages
- ✔ Creates a fitness destination ground
- ✔ Piques curiosity to try

Offering users of all ages a fun and carefree experience whilst working outdoors, GymGuru equipment creates a fitness destination ground for communities to convene and interact. Being situated in the open, GymGuru's equipment also free users' minds for them to give the equipment a go. This in turn contribute to the well being of more individuals within the community.



Enjoyable Experience

- ✔ Fun and carefree workout
- ✔ Workout in scenic open spaces
- ✔ Stress-free workouts

Designed specifically for the outdoors, GymGuru's equipment offers members of the community an opportunity to work out the fun and relaxing way – amidst the panoramic vistas of their local spaces. By embracing inclusive, open, flexible, integrated and holistic approaches to urban place making, GymGuru products blend seamlessly into urban lifestyle spaces, such as high-rise residential sky terraces. Workout freely in the open without the stress of being cooped up within those four-walls!



Quality Assurance

- ✔ Substantial investment on R&D
- ✔ Experienced Engineers
- ✔ High Quality & Durable materials

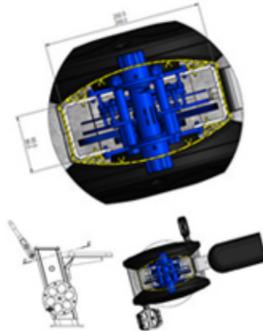
Designed and manufactured in New Zealand, GymGuru equipment is a result of substantial investment made into research of outdoor gym products to better understand and identify problems faced by potential owners of outdoor gyms. Specialist engineers with over 30 years of experience were engaged to design and build using only the highest quality durable materials, ensuring equipment meets expectations. This maximizes product longevity and reduces the efforts required for maintenance in the long run.



Technological Ingenuity

- ✔ Magnetic Resistance
- ✔ Site Usage Tracking
- ✔ Digital Reports

Accompanied with the use of magnetic resistance and optimal gear ratio to increase product lifespan, the patented mechanism employed within GymGuru equipment gives users the power to adjust their desired level of resistance and tailor their workout to achieve maximum-targeted results. This allows users of all ages, body type and fitness level to fulfill any workout just like they could in a regular gym. Wireless modules built within all GymGuru products further value-add to the equipment by giving them the capability to wirelessly transmit beneficial data. Clients will be able to receive monthly or quarterly individual documenting equipment usage count, popularity of individual equipment across the board and if any maintenance action is required. Additional software features in the pipeline include allowing users of the equipment to wirelessly transmit their workout statistics to their mobile devices.



Patented adjustable resistance mechanism

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AQUAGYM

Invite yourself to a refreshing pool workout, juxtaposed against a horizon of Singapore's panoramic landscapes.



AquaStepper

AquaStrider



AQUAGYM



Benefits

- ✔ Intuitive to use
- ✔ Suitable for all ages
- ✔ Buoyancy - Exercise with ZERO impact

Designed to be intuitive, Aquagym's products are easy to operate without much of a curve. Be it young or old, everyone will find Aquagym unimintimidating and fun. Exercising in water makes use of the property of buoyancy to provide a workout with zero impact, since your body weights 6 times lesser in water.



Enjoyable Experience

- ✔ Relaxing to workout in water
- ✔ No worries of perspiration
- ✔ Eliminates mundane workouts

Swimming is a relaxing and cool way to exercise. Feeling the water against your skin keeps you invigorated much like taking a cold bath, instead of the itchy feeling of perspiration while exercising on land. Aquagym fuses the mundane gym regimes done on land with the fun and excitement of being in water to provide an exercise session that will be enjoyable for all.



Quality Assurance

- ✔ State-of-the-art components designed for pool waters
- ✔ Low maintenance; high reliability

Aquagym prides itself in quality assurance of its product lineup with the use of 316L stainless steel and state-of-the-art internal components specially designed for operation in chlorinated water of everyday pools. This translates into a low maintenance, safe outdoor equipment that can be relied upon for years.



Technological Ingenuity

- ✔ Suitable for various fitness levels
- ✔ Hydrostatic pressure
- ✔ Easy installation & removal

Unbeknownst to many, working out in aquatic reaps benefits through our knowledge of science and technology. With buoyancy in water, aquatic workouts provide additional support to our bodies, increasing the range of fitness levels that are suitable for it. Aquatic workouts also make use of hydrostatic pressure as resistance to muscular expansion in the chest, which in turn strengthen muscles for a greater volume of air intake for breathing. Design wise, a patented poolside-fixing concept ensures quick and easy installation or removal of Aquagym's equipment from any pool.

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